	Monday	Tuesday	Wednesday	Thursday	Half-day Friday	
8:00 am	*Debrief	*Debrief	*Debrief	*Debrief	Morning	
8:30 am					OR Afternoon	
9:00 am					Automoon	
9:30 am						
10:00 am					"Trainee-Led	
10:30 am					Competencies"	
11:00 am					Lab Practicals	
11:30 am						
12:00 pm						
12:30 pm					pizza break	
1:00 pm						
1:30 pm					*Journal	
2:00 pm					Club	
2:30 pm					(Presentations of Scientific	
3:00 pm					Papers)	
3:30 pm						
4:00 pm						
4:30 pm						
5:00 pm						
5:30 pm						
6:00 pm						

The Lab Schedule above represents a minimum schedule to which hours can be added. Front Office hours are 8am-4pm (Mon-Thurs, Fri flexible hours). Trainees are present for a half-day on Friday, depending on assignment to Competency (Trainee-led) or Journal Club. ALL PhDs are expected to be onsite Mon-Fri at 8am to progress projects, and will be compensated for overtime hours as appropriate.

* Mandatory Meetings (ALL)	* Mandatory Meetings (Lab Only)		PhD Hours		BS/MS Hours		Front Office Hours
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New Hires: Orientation/Onboarding only on 2nd Saturday of January, June, September (9am to 1:30pm) followed by a pizza break.